Blood Levels of Carbonic Anhydrase 9 Correlate with Clear Cell Renal Cell Carcinoma Activity

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Abstract

Introduction Biomarkers for early detection of renal cell carcinoma (RCC) may help diagnose minimal residual disease in patients at risk for RCC, can guide antiangiogenic therapy, or may help identify candidates for adjuvant treatment. In this study, we investigated whether blood levels of carbonic anhydrase 9 (CA9) correlate with RCC tumor burden and therefore disease activity.

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V. Margulis · C. Wood Department of Urology, MD Anderson Cancer Center, Houston, TX, USA *Methods* CA9 is a von Hippel–Lindau–hypoxia inducible factor target upregulated in clear cell RCC. We used an anti-CA9 antibody (M75)-based enzyme-linked immunosorbent assay test to measure CA9 levels in blood obtained before and after nephrectomy for clinically localized disease in patients with: (1) clear cell RCC, (2) papillary and chromophobe RCC or oncocytoma, or (3) benign kidney lesions, and we compared these samples to blood drawn from normal control individuals.

Results We observed a significant (p < 0.006) decrease in the blood levels of CA9, after nephrectomy for localized disease, in the majority of patients with clear cell RCC (57%). In contrast, patients with nonclear cell RCC, benign disease, or those having undergone debulking nephrectomy for metastatic disease did not have a decrease in CA9 blood levels after nephrectomy. Preliminary longitudinal follow up measurements of CA9 levels in a small group of patients indicated that rising CA9 levels may correlate with disease progression.

Conclusions Plasma CA9 levels correlate with disease activity in a subset of clear cell RCC patients and should be considered in future multiplex RCC biomarker development algorithms.

Keywords Renal cell carcinoma · Circulating biomarker · VHL · Carbonic anhydrase 9 · Angiogenesis · Hypoxia inducible factor

Introduction

The incidence of renal cell carcinoma (RCC) has steadily risen in the United States since 1970 and is currently estimated at approximately 51,000 cases per year. This increase has been observed across gender and race, increasing among black males and females by 3.9% and 4.3% per year, and white males and females by 2.3% and 3.1% per year, respectively [1]. The majority of sporadic clear cell carcinoma is of clear cell histology (75%), followed by papillary type I (5%) and type II (5%), as well as chromophobe and oncocytoma (15%). It is clear that distinct molecular mechanisms underlie each histologic type [2].

Organ-confined disease is treated with surgery. The 5year survival rate for patients presenting with stage I disease is 95%, while the survival rate for patients with stage II and III RCC is decreased to 70–80% and 40–60%, respectively [3]. It is therefore reasonable to assume that early disease detection would improve overall survival in RCC patients.

Medical treatment of clear cell RCC patients has been evolving rapidly. Understanding of the von Hippel–Lindau (VHL) signaling pathway and its deregulation during clear cell RCC development has led to the identification of rational molecular therapeutic targets. Clinical trials with small molecule inhibitors of the vascular endothelial growth factor, platelet-derived growth factor, and other receptor or nonreceptor cellular kinases, such as mammalian target of rapamycin, show promising results [4–9].

Targeted therapy has opened a new set of possibilities and questions in RCC treatment. Tumor response by classical imaging criteria fails to reflect changes in tumor vessel density, tumor viability, or correlate with disease progression or even overall survival. The availability of biomarkers that reflect disease activity may therefore help guide therapy. Biomarkers that serve as surrogate markers of tumor response will expedite a large number of clinical trials in which kinase inhibitors are used in combination in patients both pre- and postsurgery. Treatment of patients with minimal residual disease may prove, now that effective therapies are available, to be a better approach than treatment following clinical detection. Adjuvant trials may target patients with biomarker-detected minimal residual disease after nephrectomy for the primary tumor.

Many laboratories are therefore interested in the discovery and validation of specific and sensitive biomarkers of disease activity in the blood and/or urine of RCC patients. Here, we examined the expression of carbonic anhydrase 9 (CA9) as a potential circulating blood biomarker of clear cell RCC activity. The majority of clear cell renal cell cancers are deficient in VHL function and they are characterized by upregulation of hypoxia inducible transcription factors (HIF) 1a and HIF2a. CA9 is a transmembrane glycoprotein involved in regulation of extracellular and intracellular pH. CA9 is a direct target of HIF1a and is greatly upregulated in primary and metastatic RCC lesions [10, 11]. CA9 has a restricted pattern of expression in normal tissues; it is detected in the epithelium of the stomach, gallbladder, and exocrine pancreas. Retrospective analysis of patients treated with high-dose interleukin (IL)-2 indicated that CA9 may predict response to this therapy [12–14] and gene expression levels of CA9 in primary tumor may correlate with higher risk for metastasis [14].

Because CA9 is linked to hypoxia–HIF–VHL signaling and appears to have a restricted expression pattern in adult tissue, we decided to investigate its value as a blood circulating biomarker for RCC by measuring CA9 expression in the plasma/serum of patients with clinically localized disease pre- and postnephrectomy. To the best of our knowledge, this is the first circulating biomarker reported to decrease in the blood of RCC patients after nephrectomy and/or to correlate with changes in tumor burden.

Materials and Methods

Cell Lines and Culture

The human RCC cell lines 786-O, UMRC2, UMRC3, and UMRC6 (obtained through American Type Culture Collection) lack wild-type VHL. Parental cell lines were used to derive isogenic clones stably expressing hemagglutinin (HA)-VHL30 or VHL-19 or harboring empty pRC/CMV plasmid as a control. Transfections were performed with Lipofectamine 2000 using manufacturer's instructions and clones were generated by neomycin selection. Cells were grown in Dulbecco's modified Eagle's medium (Media Tech) with 10% fetal clone (Hyclone Laboratories) plus one times penicillin–streptomycin–glutamine solution (100×; Invitrogen Life Sciences), supplemented with neomycin at the appropriate concentration for each cell line.

RNA Extraction/qRT-PCR

Normal human RNA control samples were obtained from Stratagene. The tissues included kidney, liver, brain, skin, and spleen. RNA was isolated from cells at 80-90%confluence. RNA was isolated using 6 mL of TRI Reagent LS (Molecular Research Center) and purified over RNeasy Mini Kit columns (Qiagen) and eluted into 30 µL of diethyl pyrocarbonate-treated distilled water. RNA (1 µg total) was reverse transcribed to cDNA using Super Script III (Invitrogen) according to manufacturer's protocol.

Quantitative real-time polymerase chain reaction (qRT-PCR) was performed per the manufacturer's recommendations using the SYBR Green Detection System (BioRad). Intron spanning primers for CA9 were designed (forward: 5'-GAGGATCTACCTGGAGAGGA-3'; reverse: 5'-CTGG AAGCCCAGGAGTTCCA-3'). Quantitation of B-globulin (forward 5'-TTT CAT CCA TCC GAC ATT GA-3'; reverse: 5'-ATC TTC AAA CCT CCA TGA TG-3') was performed and used for normalization of gene expression data. Each sample was run in triplicate. RNA sample without RT polymerase was used as a negative control. All PCR products were sequenced to confirm the identity of the amplified gene.

Microarray Analysis

RNA extraction and cDNA generation from RCC frozen tissue samples for gene expression profiling using HG-U133A Affymetrix GeneChips has been previously described [15].

Western Blot Analysis

Cells were washed twice with ice cold phosphate buffered saline and lysed in radio-immunoprecipitation assay buffer (50 mM Tris pH 8.0, 150 mM NaCl, 1% NP-40, 0.5% deoxycholate, 0.1% sodium dodecyl sulfate (SDS), and 0.02% NaN3) supplemented with proteinase inhibitors (20 μ g/mL trypsin inhibitor, 10 μ g/mL leupeptin, 200 μ M NaOrthovanadate, 5 μ g/mL pepstatin A, 20 μ g/mL aprotinin, 100 mM NaF, and 200 μ g/mL phenylmethylsulphonyl fluoride). Protein concentration was estimated by the Bradford method. Proteins were resolved (BioRad) by SDS-polyacrylamide gel electrophoresis and transferred onto polyvinylidene fluoride membrane (BioRad) for immunoblotting.

Antibodies

Antibodies for Western blot were used at indicated dilutions: anti-HIF-2a polyclonal (Novus NB100–122, 1:1,000), antiactin monoclonal (Abcam Ab8226, 1:1,000), anti-HA monoclonal (Abcam, 12CA5, 1:1,000), anticarbonic anhydrase 9 monoclonal (M75, gift from Novartis, 1:3,000). Secondary horseradish peroxidase-conjugated antibodies to mouse or rabbit IgG were purchased from Pierce and detected by Western Lighting Chemiluminescence Reagent Plus (Perkin Elmer, NEL105) according to the manufacturer's protocol.

ELISA

Enzyme-linked immunosorbent assay (ELISA) of human plasma or serum for carbonic anhydrase 9 was performed in triplicate using the commercially available MN/CAIX ELISA kit (Siemens Diagnostics). Solid phase sandwich ELISA was performed per manufacture's protocol which has an analytic range of 0 to 1,500 pg/mL and a sensitivity of 2.5 pg/mL per product literature.

Human Sample Collection

Plasma, serum, and urine from patients with renal cell carcinoma have been collected, under prior Institutional Review Board approved protocol, before nephrectomy for localized disease and at regular intervals following nephrectomy. Blood samples were then centrifuged at 3,500 rpm, aliquoted, and stored at -80° C until processing. Tumor samples were frozen and stored after pathology evaluation to determine histological subtyping. All patients provided informed consent for tumor and blood sample collection.

Results

Loss-of-VHL function and constitutive upregulation of the transcription factor hypoxia inducible factor is the earliest known molecular event in the majority of clear cell RCC. Reconstitution of the VHL function by stable reintroduction of VHL (either the 30 or 19 kDa isoform) or inactivation of the HIF protein leads to growth suppression of these cell lines as tumors in the xenograft assay [16–18]. These observations indicate that the fundamental signaling pathways implicated in renal carcinogenesis are intact in these cell lines. In order to identify candidate biomarkers for RCC, we compared the gene expression profile of human renal cell carcinoma cell lines that are deficient in VHL tumor suppressor protein to their isogenic counterparts that stably express VHL.

One of the messages upregulated by loss-of-VHL function, as measured by DNA microarray, was the transmembrane glycoprotein carbonic anhydrase 9. To validate the microarray data and to test whether differences at the mRNA level reflect differences in protein expression in various cell lines, we examined CA9 mRNA and protein expression in human RCC cell lines under identical culture conditions. CA9 protein expression was analyzed by Western blot (Fig. 1a) in VHL deficient cell lines 786-O, UMRC2, and UMRC6 (lanes 1, 3, and 5 of Fig. 1a) and their corresponding isogenic clones that express VHL30 or VHL19 (Fig. 1a, lanes 2, 4, and 6). CA9 mRNA expression was examined by qRT-PCR (Fig. 1b). The high expression of the CA9 message in UMRC2 cells (Fig. 1b, lane 3) corresponds to a robust signal for CA9 in Western blot analysis (Fig. 1a, lane 3), while the much weaker mRNA expression in lines 786-O and UMRC6 (Fig. 1b, lanes 1 and 5) resulted in no detectable protein (Fig. 1a, lanes 1 and 5). These experiments encouraged us to interrogate the expression of CA9 in matched tumor-normal tissue samples as well as adult normal tissues.

To this end, we compared the expression of CA9 by oligonucleotide microarray in ten specimens of clear cell





Fig. 1 Expression of carbonic anhydrase 9 (CA9) in human renal cell carcinoma cell lines and tumors. **a** Cell lysates of clones derived from human renal cell carcinoma cell lines 786-O, UMRC2, and UMRC6 stably transfected with vector control plasmid (lanes 1, 3, and 5) or plasmids expressing VHL30 (lanes 2a and 4) or VHL19 (lane 6) were immunoblotted for HIF1a, HIF2a, VHL, and CA9 as indicated. Actin

was used as loading control. **b** qRT-PCR of CA9 message from same cell lines. **c**, *A* Fold increase of CA9 in clear cell human RCC tumor (*T*) compared to normal (*N*) matched kidney tissue. **c**, *B* Absolute values of expression of CA9 in RCC tumor (*T*) compared to normal (*N*) matched kidney tissue. **d** Relative tissue expression of CA9 in adult human tissues

RCC tumor (T) to matched normal renal parenchyma (N) obtained from the same individuals. CA9 was upregulated in all RCC specimens compared to normal matched tissue (Fig. 1c, A). Moreover, there was essentially no overlap between absolute values of mRNA signal detected in RCC tumors (T) compared to normal matched parenchyma (N; Fig. 1c, B).

Changes in circulating levels of a biomarker attributed to the presence of RCC may be potentially masked because of its pleiotropic expression in other tissues. Organ-restricted expression of a candidate biomarker may allow for easier **Fig. 2** Changes in blood levels of CA9 in patients having undergone curative nephrectomy for localized clear cell RCC. **a** MGH patients: patient sex, disease stage, tumor volume, and plasma levels of CA9 before (*PRE*) or after (*POST*) nephrectomy are listed. **b** Correlation between tumor volume and preoperative levels of CA9 (expressed in log scale) in the MGH patient group. **c** MDACC patients: patient sex, disease stage, tumor volume, and serum levels of CA9 before (*PRE*) or after (*POST*) nephrectomy. **d** Correlation between tumor volume and preoperative levels of CA9 before (*PRE*) or after (*POST*) nephrectomy. **d** Correlation between tumor volume and preoperative levels of CA9 (expressed in log scale) in the serum of MDACC patient group. **e** Blood levels of CA9 before and after nephrectomy for localized RCC in all patients from the two institutions (MGH and MDACC)

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29 34 35 39 40 42 43	Male Male Female Female Male Female Male Female	61.84 151.83 90.80 19.20 19.99 197.35 506.86 292.11	67.00 133.50 144.49 6.93 0.10 0.10 260.04 427.35	234.00 472.50 186.48 18.00 30.00 476.00 688.50 135.00	0.00 -	PRE POST P< 0.009
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29 34 35 39 40 42 43 51 53 54 60 61 65 76 78 88 105 106 107 109 113	Male Male Female Female Male Female Male Female Male Female Male Female Male Female Male Male Male Male Male Male Male M	61.84 151.83 90.80 19.20 19.99 197.35 506.86 292.11 455.93 31.75 52.21 113.09 20.61 4.53 77.03 95.05 113.09 247.45 828.71 77.34 170.16 81.98	67.00 133.50 144.49 6.93 0.10 0.10 260.04 427.35 204.23 20.61 89.46 231.17 0.10 24.94 93.81 103.76 106.25 67.72 120.44 123.09 58.77 117.79 75.35	234.00 472.50 186.48 18.00 30.00 476.00 688.50 135.00 1026.00 14.20 37.44 80.00 90.00 137.50 37.44 392.00 352.87 54.00 540.00 273.00 242.00 162.50 256.00	0.00 +	PRE POST P< 0.009

detection of incremental changes that correlate with tumor volume. We therefore examined the expression of CA9 by qRT-PCR in total RNA extracted from various adult tissues (Fig. 1d). CA9 was highly expressed in human adult brain compared to the other organs examined. Skin and liver, which are bulky organs, showed weak expression of CA9. In keeping with previous literature reports and our own microarray data, CA9 expression was very low in normal adult kidney.

To examine weather circulating CA9 levels correlated with RCC disease activity, we first measured the levels of this potential biomarker in the plasma of RCC patients with localized disease. Samples were obtained both prior to nephrectomy and between 6-8 weeks postsurgery. Figure 2a presents patient sex and tumor volume at a single institution (Massachusetts General Hospital, MGH) and circulating CA9 levels prior to (pre) and after (post) nephrectomy. Measurements were obtained with a commercially available CA9 ELISA kit (Siemens Diagnostics Inc.). The manufacturer reports and we independently confirmed, an 10% intra-assay variability. Thus, only changes greater than 10% in either direction were regarded as significant. All measurements were done in triplicate and the reported values are the mean. All tumors reported in Fig. 1 are clear cell carcinomas. Six out of 12 patients (50%) had a decrease in postoperative values of CA9 (50%). In three out of 12 patients (25%), there was an increase, and the remaining three patients (25%) had no significant difference. Although this is a small group of patients, preoperative values correlated with tumor volume (Fig. 2b; $r^2=0.77$). To evaluate the impact of a volume "threshold" on the formation of this correlation, we remove patient 58 from the MGH group (this is the patient with the highest tumor volume). In this case, the r^2 value is reduced to 0.41. On the other hand, if we remove patient MGH 87 (the one with the smallest tumor volume), r^2 improves to 0.83.

To test whether these changes reflected any institutional bias and to further expand the tested population, we obtained samples of patients independently collected using a similar protocol (the exception being that serum was banked instead of plasma) at a second institution (MD Anderson Cancer Center, MDACC). We observed no significant difference between measurements of CA9 in plasma and serum. Figure 2c describes the MDACC patient sample and the CA9 values prior to and after nephrectomy. CA9 values decreased in 60% (21 out of 35) of MDACC patients postnephrectomy, while there was no change in 15% (five of 35) of patients and an increase in 25% (nine of 35). The correlation between preoperative CA9 values and tumor volume in this population was less than in the MGH population (Fig. 2d; r=0.42). To evaluate the impact of single points in the formation of this correlation, we removed patient MDACC 23, in which case the r^2 drops to 0.32. On the other hand, by removing MDACC 7, the single patient that despite the high tumor volume produces little CA9, the r^2 value improves to 0.52. Our interpretation is that CA9 levels reflect to a certain degree of the tumor volume. Future studies with a larger patient population will be necessary to establish a precise correlation statistic to better characterize the relationship between CA9 blood levels and the presence of tumor.

Analyzed together, the data from both institutions indicate that in a subset of patients with localized clear cell RCC (57%) undergoing curative nephrectomy, there is a decrease in the circulating levels of CA9 postoperatively. Comparison of preoperative to postoperative blood levels of CA9 in the combined MGH and MDACC patients demonstrates a significant decrease in CA9 levels (*p*-value is 0.0097, and the preoperative values are significantly higher than the postoperative values, with a 95% confidence interval of (6.7–81.8) and a median estimate of 32.3 pg/mL, shown in Fig. 2e).

In contrast to patients with clear cell histology, patients undergoing nephrectomy for benign tumors or those of

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PT	Pre	Post	Histology	
72	142.07	159.47	Oncocytoma/ Chromophobe	
119	123.46	131.69	Chromophobe	
126	100.53	190.04	TCC/ ureter and kidney	
185	140.88	476.68	Hamartoma, no cancer	
194	287.18	275.29	Papillary	
198	111.79	180.79	Chromophobe	



Fig. 3 Blood CA9 levels in nonclear cell kidney lesions and normal controls. a Changes in plasma levels of CA9 in patients undergoing nephrectomy for benign renal lesions or RCC of nonclear histology. *Pre* indicates blood CA9 levels prior to surgery and *Post* indicates the CA9 blood levels 4–5 weeks after nephrectomy. b Comparison of plasma levels of CA9 between RCC patients at presentation (*RCC*) and an independent set of normal control individuals (*Control*). *Horizontal bars* indicate median values (in pg/mL)



Fig. 4 Longitudinal measurements of plasma levels of CA9 in patients with clear cell RCC undergoing curative or debulking nephrectomy. *SU* Treatment with suten, *G* treatment with gemcitabine, *PR* partial response, *SD* stable disease, *DP* disease progression, *NED* no evidence of disease. Specific values and times of blood collection are provided in Table 1

nonclear cell RCC histology did not have a significant decrease in plasma CA9 levels (Fig. 3a). Additionally, we measured CA9 in the plasma of patients without known RCC, as a sample of "normal control" individuals; there is considerable overlap of CA9 plasma values in normal controls and RCC patients prior to nephrectomy (Fig. 3b).

To examine whether blood levels of CA9 correlate with disease activity over time and/or herald a local or systemic relapse of disease, we measured circulating CA9 levels in available plasma samples of clear cell RCC patients following curative or debulking nephrectomy (Fig. 4; Table 1). Patients 104, 139, and 146 remained disease-free at the indicated time of follow-up and their longitudinal CA9 plasma levels did not rise above post- or preoperative

levels. Patients 176, 186, 113, and 136 presented with metastatic disease and underwent debulking nephrectomy. It is notable that in the three patients that can be evaluated, the postoperative levels of CA9 did not decline. Patient 186 responded to treatment and the clinical response correlated with a marked decline in CA9 plasma levels. Patients 176, 186, 113, and 136 had either stable disease under treatment with anti-angiogenic agents or disease progression. In the latter case, plasma levels of CA9 rose steadily.

Discussion

Our data demonstrate that circulating blood levels of CA9, a transcriptional target of HIF activity, declined in approximately 60% of clear cell RCC patients who underwent curative nephrectomy for organ-confined disease. RCC patients with nonclear cell histology or benign tumors had no change in CA9 plasma levels. Preoperative levels of CA9 correlated with tumor volume in patients with localized disease. None of the patients that presented with clinically overt metastatic disease and underwent debulking nephrectomy had a decrease in postoperative CA9 plasma levels. Moreover, follow-up measurements of CA9 plasma levels correlated with tumor progression or response to therapy in the small group of patients we examined.

CA9 levels decreased postoperatively in a defined subset of patients with localized disease. At this point, we do not know the common denominator that defines this patient subset. Several testable hypotheses that take into consideration our current knowledge of RCC biology could explain this heterogeneity. Loss-of-VHL function occurs in approximately 55–70% of patients with sporadic RCC, while the remaining cases harbor an undefined molecular defect. In

Table 1 Longitudinal measurements of plasma levels of CA9 in patients with clear cell RCC undergoing curative or debulking nephrectomy

Patient	Sex	Pre	Post	6 months	12 months	2 years	Stage	Follow-up
104	М	381.26 4/21/2005	154.65 6/23/2005			201.2812444	pT1b Nx Mx	NED 5/10/07
176	М	431.69 12/13/06	751.74 2/15/07	1,087.08 Post 5/10/07		5,10,2007	T1bN2M1	Tx with SU/DP
186	М	No pre	430.28 2/27/07	70.55 Post 4/19/07	52.43 Post 5/10/07		T3bN2M0, DN-1/07	Tx with SU+G/PR
113	М	394.42 7/8/05	359.81 8/22/05			860.55 3/29/07	T2N2M1 on presentation	Tx with SU/SD
136	F	1,032.19 3/30/2006	1,035.50 5/11/2006	2,711.44 10/24/2006	2,855.51 2/27/2007		T3aN0M1	SU (6/06)/SD
139	F	143.28 5/1/06		201.90 12/19/2006			T3aN0M0	NED (12/06)
146	М	201.90 6/8/2006	208.27 8/24/2006	203.17 1/16/2007			T1bN0M0	NED

SU Treatment with sutent, G treatment with gemcitabine, PR partial response, SD stable disease, DP disease progression, NED no evidence of disease

addition, patients with clear cell RCC may be divided in "high" and "low" expressers of CA9 by immunocytochemistry of the tumor. It is possible that circulating levels of CA9 is a sensitive marker of disease activity only for VHLassociated RCC patients or for the high CA9 expressers. It is also formally possible that clearance of CA9 from the circulation has different kinetic properties among individual patients, although a reasonable time interval (4 weeks at least) was allowed between pre- and postnephrectomy measurements. Lastly, it is interesting to note that CA12, another member of the CA family, is also overexpressed in clear cell RCC, albeit in a lower percentage of patients than CA9. It is possible that for a subset of patients CA12 is a more reliable marker for disease activity than CA9. We are currently developing an ELISA assay for CA12 to test this hypothesis. The observation that CA9 scores for only a subset of RCC patients emphasizes the need to discover and validate a panel of biomarkers for RCC activity. This heterogeneity may also explain the variability in the correlation between tumor volume and CA9 blood levels. This correlation may, to a certain degree, be attenuated by the presence of low expressing tumors, independent of size. However, the presence of a relative correlation in this small patient population demonstrates the link between circulating blood levels of CA9 and its source of origin.

All patients with disease progression had increased CA9 plasma levels, above that observed post- or preoperatively. One patient treated for systemic disease had a partial clinical response that correlated with reduced CA9 levels. It is therefore possible that, for a given population of RCC patients, fluctuation in CA9 levels over time may be a useful biomarker for early detection of tumor response or impeding disease relapse/progression. These data are clearly preliminary and large datasets are clearly required in order to incorporate changes in CA9 blood levels into clinical decision making. Our current data aim to highlight that CA9 should be considered and evaluated as a potential biomarker of RCC response to treatment. Alternatively, preoperative or postoperative levels of CA9 may have prognostic value and may be a useful independent factor for predicting disease free or overall survival.

Few biomarkers for RCC have been previously proposed in small patient samples. Of those, kidney injury molecule-1 (KIM-1), a transmembrane glycoprotein upregulated in ischemic injury of the kidney epithelium, was reported to be elevated in RCC tumors and in the urine of RCC patients compared to normal controls [19]. No measurements of KIM-1 in the blood of RCC patients before or following nephrectomy have been reported so far. Elevated levels of nuclear matrix protein 22 (NMP22) has been detected in the urine of patients with RCC and a follow-up study indicated that specificity and sensitivity of RCC diagnosis ranged at 55% [20]. No data for blood levels of NMP22 have been reported. Matrix metalloproteinase activity has also been reported to be elevated in the urine of RCC patients [21]. Other reported biomarkers of RCC in the blood include a tumor-specific isoform of pyruvate kinase (TuPK; a HIF target) as well as plasma levels of IL-6, tumor necrosis factor α , and circulating mRNA levels of prostate specific membrane antigen [22–25]. Few of these biomarkers have limited specificity and may reflect a systemic response to tumor burden. Others such as KIM-1, TuPK, and NMP22 could be incorporated into larger clinical studies evaluating the performance of a group of disease specific biomarkers [26].

In summary, we used gene expression comparison of signaling dependent human renal cell carcinoma cell lines to identify potential circulating biomarkers for clear cell RCC. We measured CA9 blood levels and demonstrated a correlation with the presence of disease in a subset of clear cell RCC patients. To the best of our knowledge, this is the first report of blood changes in a potential RCC biomarker postnephrectomy for localize RCC disease. Larger studies for definitive validation and clinical characterization of CA9 will be needed. The data presented herein supports this larger testing and underscores the need for discovery and validation of a panel of biomarkers that will globally reflect RCC disease activity.

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